

How to use your health insurance

Village Branch Library

2185 Versailles Rd

Tuesday, June 20

7:00 - 7:30 pm in Spanish, 7:30 - 8:00 pm in English

Class 1: How to prepare for your doctor's visit

Upcoming classes:

- Free preventive services
- When to go to the ER vs. Urgent Care
- Your plan's special services:
 - ◇ Help quitting smoking
 - ◇ Chronic disease management
 - ◇ Diabetes prevention, etc.
- Understanding Your Insurance Costs
- Your insurance card and documents
- Tracking your family's health information

Snacks
provided!

For more information on programs or help with your insurance, call KEJC:

1-800-699-0805

Leave your name and number and we will call you back.

KEJC does not sell or endorse insurance plans or companies.

