

How to use your health insurance

Village Branch Library

2185 Versailles Rd

Tuesday, May 16

7:00 - 7:30 pm in Spanish, 7:30 - 8:00 pm in English

Class 1: How to find the right doctor for you

Upcoming classes:

- **How to prepare for your doctor's visit**
- **Free preventive services**
- **When to go to the ER vs. Urgent Care**
- **Your plan's special services:**
 - ◇ **Help quitting smoking**
 - ◇ **Chronic disease management**
 - ◇ **Diabetes prevention, etc.**
- **Understanding Your Insurance Costs**
- **Your insurance card and documents**
- **Tracking your family's health information**

For more information on programs or help with your insurance, call KEJC:

1-800-699-0805

Leave your name and number and we will call you back.

KEJC does not sell or endorse insurance plans or companies.

